

Ball Tree Surgery - Average Home Blood Pressure Readings

Name:
 Date of birth:
 NHS number:
 Address:
 Contact number:

	MORNING			AFTERNOON			NOTES
	Systolic	/	Diastolic	Systolic	/	Diastolic	
Reading 1		/			/		
Reading 2		/			/		
Reading 3		/			/		
Reading 4		/			/		
Reading 5		/			/		
Reading 6		/			/		
Reading 7		/			/		
Reading 8		/			/		
Reading 9		/			/		
Reading 10		/			/		
Reading 11		/			/		
Reading 12		/			/		
Reading 13		/			/		
Reading 14		/			/		

For Office Use Only: **AVERAGE RESULTS + 5**

MORNING

AFTERNOON

Systolic

Diastolic

Systolic

Diastolic

/

/

OVERALL

Systolic

Diastolic

/

