

Accessing Pregnancy Services

Letting the midwives know you are pregnant

It is important to contact a midwife early in your pregnancy

Many of the screening tests for you and your baby need to happen before you are 13 weeks pregnant.

Start thinking about being referred when you are 6 to 7 weeks pregnant

Following a positive pregnancy test there are a number of ways to contact a midwife.

You only need to choose one of the options below – a midwife will then contact you to arrange booking appointment.

Option 1 - Online

Supporting information:

www.westernsussexhospitals.nhs.uk/services/maternity/pregnancy/booking-birth

Online referral form: <https://pregnancybooking.wsht.nhs.uk/>

A midwife will then

- contact you to confirm your referral,
- inform your GP that you are pregnant,
- let them know you have booked to have your baby at either St Richard's or Worthing Hospital, and
- arrange a booking appointment with you, at which you can book your 12-week scan and ask any questions you have about your pregnancy.

Option 2 - Through your GP

- Visit your GP at Ball Tree and request a referral.

If you have not heard from a midwife within two weeks of submitting your online form or two weeks after your GP has made a referral, please contact your midwifery team

- St Richard's Ante-Natal Clinic: 01243 788122 ext 2871
- Worthing Ante-Natal Clinic: 01903 205111 ext 84371